# CONDOVER PARISH COUNCIL CORONAVIRUS SUPPORT - 2

#### **Local support networks**

The Parish Council would like to thank everyone who has offered support to the community at this difficult time. As none of us can know when we may need to self-isolate, we are suggesting that you establish **local networks** so that you can get in touch with each other via phone/email should it become necessary. This would provide a more resilient approach to supporting our neighbours and could act as a means of notifying the Parish Council or other services of community needs, or of people at who may be at risk. Once you have your group organised, we would be grateful if you would inform the **Parish Support**Coordinators of your two main contact people and the area your group covers – Phone 07762 449935 or 01743 718838, or email the Parish Clerk:

condoverpc@gmail.com

Many thanks all.

#### Prescription collection / Medicine delivery service

The Parish Council is working with Beeches Medical Practice to ensure delivery of medical supplies to people where needed. We will co-ordinate the collection and delivery of prescriptions and medication.

### **Bayston Hill**

Order your repeat prescription by:

- Returning the repeat prescription form to Bayston Hill Surgery –if you
  are not self-isolating this can be posted through the side door (access 24
  hours) or if self-isolating, contact the Parish Support Coordinators
- By post; or
- By emailing reception.beeches@nhs.net

Beeches require 48 hours to process the prescription and have it sent to the chemist. Rowlands the chemist request 48 hours to prepare the prescription.

### **Dorrington**

Order your repeat prescription by, either:

- Monthly re-ordering system Beeches strongly encourage all patients to use this system; or
- By emailing <u>prescriptions.dorrington@nhs.net</u>

When your monthly medication is collected, we will need to say what you want the next month and you'll given a new collection date. A reminder text message will be sent to you a week before your medication is due to be collected. Please contact the Parish Support Coordinators if you would like your repeat prescription to be delivered and/or your medication to be collected for you.

If you are struggling, Beeches will take prescription orders over the phone however this puts extra strain on their service and we would prefer you to please talk with the Parish Support Coordinators instead if you can.

Volunteer drivers: Please would anyone willing to put their name on a list of volunteer drivers for this service please contact 07762 449935 or 01743 718838, or email the Parish Clerk: condoverpc@gmail.com. Ideally we need two or three drivers from each village please. The Parish Support Coordinators will work with volunteer drivers to arrange collections and deliveries.

# Local delivery of essential supplies

The number of local people and businesses who have stepped up to provide and deliver essentials to our communities and to people self-isolating has been truly inspiring. It seems new initiatives are starting every few days. The best way to keep up with what's available and who can help is your local Facebook Group: Dorrington Community Support, Condover Community Group or Ryton Village Support Network. As many people don't use Facebook we ask everyone to please pass on information by phone - or other non-contact means. Milk, eggs, bread, various meats, flour and other basics seem to be available locally – if you get stuck, or know of someone who is struggling, please get in touch with your Local Support Network or contact the Parish Support Coordinators .

#### Loneliness and isolation

Being alone can be tough at the best of times – even more so with the restrictions on movement, social distancing and all the worries of our current situation. Please try to make or keep in telephone contact with neighbours, especially those who are on their own, or have a lot to cope with at the moment. A chat can really lift the spirits and help keep us all going.

## Play areas and recreation area

As you will know, all public play areas are closed. Condover Woodland Park is now closed for the foreseeable future, as are the play park and MUGA in Dorrington. Please remember social distancing when using the Condover Village Sports Ground and Dorrington Recreation Ground and ensure your children understand why this is important

Thank you everyone - Stay well